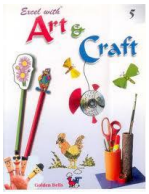
JANUARY 2017 ACTIVITIES

Happy New Year to all our residents & families

1	Sun	Bar open with Mary		11.00am
2	Mon	Art Therapy with Helen	Dining Room	11.00am
3	Tue	Book Club with Helen	Bar	11.00am
4	Wed	Tea and a chat with Jo M	Bar	11.00am
5	Thur	Manicures with Helen	in rooms from	11.00am
6	Fri	Knitting club with Helen	Day Room	11.00am
7	Sat	Computer club with Megan	Dining Room	11.00am
8	Sun	Mick White to entertain us	Day Room	11.00am
		Bar open with Heather	10.30am /	
		Songs of Praise	Dining Room	2.45pm
9	Mon	Trip to Wyevale for coffee and cake with Helen and Mary meeting in reception		10.00am
10	Tue	Pom Pom making with Helen	Dining Room	11.00am
11	Wed	Holy Communion	Day Room	11.15am
12	Thur	Singing to The Sound of Music with Helen	Dining Room	11.00am
13	Fri	Reading the papers with Megan	Dining Room	11.00am
14	Sat	Keep Fit with Denise	Dining Room	11.00am
15	Sun	Bar open with Mary		11.00am
16	Mon	Making cupcakes with Alison	Kitchenette	11.00am
17	Tue	Trivial Pursuit with Alice	Dining Room	11.00am
18	Wed	Reminiscence with Jade	Bar	11.00am
19	Thur	Book club with Helen	Bar	11.00am
20	Fri	Arts & Crafts with Helen	Dining Room	11.00am
21	Sat	Computer club with Jo M	Dining Room	11.00am
22	Sun	Bar open with Heather		11.00am
23	Mon	Potato painting with Helen	Dining Room	11.00am
24	Tue	Knitting club with Helen	Dining Room	11.00am
25	Wed	Quiz time with Jo M	Day Room	11.00am
26	Thur	Trip to Brewers Fayre for coffee with Helen and Alice	meet in reception	10.00am
27	Fri	Making bookmarks with Helen	Dining Room	11.00am
28	Sat	Manicures with Alice	in rooms from	11.00am
29	Sun	Bar open with Mary 11.00am / Baptist Orchard Church	Dining Room	2.30pm
30	Mon	Making mince pies with Helen	Kitchenette	11.00am
31	Tue	Pom pom making with Helen	Dining Room	11.00am

PAT dog Trudi visits – alternate Wednesdays

Lay Chaplain visits each Tuesday 09.30-11.30am



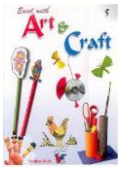
FEBRUARY 2017 ACTIVITIES

1	Wed	Holy Communion	Dining Room	11.15am
2	Thur	Painting with Helen	Dining Room	11.00am
3	Fri	Knitting with Helen	Day Room	11.00am
4	Sat	Computer Club with Megan	Dining Room	11.00am
5	Sun	Bar open with Heather 11.00am / Mick White to entertain us	Day Room	10.30am
6	Mon	Quiz time with Helen	Dining Room	11.00am
7	Tue	Sing Along with Helen	Dining Room	11.00am
8	Wed	Reading newspapers with Jo M Songs of Praise	Bar Dining Room	11.00am 2.45pm
9	Thur	Book Club with Helen	Bar	11.00am
10	Fri	Dominoes with Helen	Bar	11.00am
11	Sat	Making cupcakes with Alison	Kitchenette	10.30am
12	Sun	Bar open with Mary		11.00am
13	Mon	Arts & Crafts valentine theme	Dining Room	10.30am
14	Tue	Lay Chaplain 9.30-11.30am/Making Valentine biscuits with Helen	Kitchenette	10.30am
15	Wed	Reminiscence with Alison	Bar	11.00am
16	Thur	Manicures with Helen	in rooms	from 11.00am
17	Fri	Pom pom making with Helen	Dining Room	11.00am
18	Sat	Cup of tea and a chat with Jo M	Dining Room	11.00am
19	Sun	Bar open with Heather		11.00am
20	Mon	Watch The Sound of Music with Helen	Day Room	10.30am
21	Tue	Lay Chaplain 9.30-11.30am / Trivial Pursuit with Megan	Dining Room	11.00am
22	Wed	Keep Fit with Denise	Dining Room	11.00am
23	Thur	Trip to Tesco café for tea or coffee and cake	meeting in reception	10.30am
24	Fri	Knitting with Helen	Day Room	11.00am
25	Sat	Book Club with Helen	Bar	11.00am
26	Sun	Bar open with Mary 11.00am / Orchard Baptist Church	Dining Room	2.30pm
27	Mon	Arts & Crafts with Helen	Dining Room	11.00am
28	Tue	Lay Chaplain 9.30-11.30am / Quiz time with Helen	Dining Room	11.00am

PAT dog Trudi visits – alternate Wednesdays

Afternoon activities will be held whenever possible, such as sing a longs, cards, dominoes, puzzle board etc.

MARCH 2017 ACTIVITIES



1	Wed	St David's Day – activities with Denise	Dining Room	11.00am
2	Thur	Painting with Helen	Dining Room	11.00am
3	Fri	Knitting with Helen	Day Room	11.00am
4	Sat	Trivial Persuit with Alice	Dining Room	11.00am
5	Sun	Bar open with Heather	11.00am / Mick White to entertain us Day Room	10.30am
6	Mon	Book Club with Helen	Dining Room	11.00am
7	Tue	Trip to Garth Park café with Helen & Jade		10.15am-11.45am
8	Wed	Holy Communion	Dining Room	11.15am
9	Thur	Keep Fit with Denise	Dining Room	11.00am
10	Fri	Making jam tarts with Helen Manicures with Alice	Kitchenette	11.00am in rooms from 2.00pm
11	Sat	Computer Club with Alice	Dining Room	11.00am
12	Sun	Bar open with Heather	11.00am / Songs of Praise Dining Room	2.45pm
13	Mon	Making flowers with Helen	Dining Room	11.00am
14	Tue	Lay Chaplain 9.30-11.30am / Game of scrabble with Helen	Dining Room	11.00am
15	Wed	Reading newspapers with Jade	Dining Room	11.00am
16	Thur	Quiz time with Helen	Dining Room	11.00am
17	Fri	St Patricks day activitiy with Helen	Dining Room	11.00am
18	Sat	Reminiscence with Jo M	Bar	11.00am
19	Sun	Bar open with Heather		11.00am
20	Mon	Arts & Crafts with Helen	Day Room	11.00am
21	Tue	Lay Chaplain 9.30-11.30am / Trip to Wyevale café with Helen and Alison		10.15am
22	Wed	Dominoes with Megan	Bar	11.00am
23	Thur	Book Club with Helen	Bar	11.00am
24	Fri	Knitting with Helen	Day Room	11.00am
25	Sat	Keep Fit with Denise	Dining Room	11.00am
26	Sun	Bar open with Mary	11.00am / Orchard Baptist Church Dining Room	2.30pm
27	Mon	Nails and manicures with Helen	in rooms from	11.00am
28	Tue	Lay Chaplain 9.30-11.30/Arts and crafts with Helen	Dining Room	11.00am
29	Wed	Making cupcakes with Alison	Kitchenette	11.00am
30	Thur	Bingo with Helen & Danielle	Day Room 11.00am/Southwold School Choir	2.00pm
31	Fri	The two Trevor's come to visit with Helen	Day Room	11.00am

PAT dog Trudi visits – alternate Wednesdays

Afternoon activities will be held whenever possible, such as sing a longs, cards, dominoes, puzzle board etc.

APRIL 2017 ACTIVITIES

1	Sat	Computer Club with Jo M – Internet Café	11.00am
2	Sun	Bar open with Heather	11.00am
3	Mon	Knitting Club with Helen Day Room 11.00am / Truly Gifted Dining Room	10.00am
4	Tue	Lay Chaplain 9.30am – 11.30pm/Trip to Bure Farm for lunch with Helen & Tessa	11.30am
5	Wed	Tea & a chat with Megan – Dining Room	11.00am
6	Thur	Arts & Crafts – making pompom chicks with Helen – Dining Room	11.00am
7	Fri	Keep Fit with Denise Day Room 11.00am/Easter Bingo with Doreen Dining Room	7.30pm
8	Sat	Nails & manicures with Alice – in rooms from	11.00am
9	Sun	Bar open with Mary 11.00am / Songs of Praise Dining Room	2.45pm
10	Mon	Arts & crafts Easter theme with Helen – Dining Room	11.00am
11	Tue	Lay Chaplain 09.30am – 11.30pm / Making tissue paper easter eggs with Helen	11.00am
12	Wed	Easter Communion – Dining Room	11.15am
13	Thur	Scrabble with Helen – Dining Room	11.00am
14	Fri	Watch Good Friday TV – Day Room	11.00am
15	Sat	Reminiscence with Danielle – Bar	11.00am
16	Sun	Bar open with Mary	11.00am
17	Mon	Dominoes with Alice – Bar	11.00am
18	Tue	Lay Chaplain 09.30am – 11.30pm / Making cupcakes with Alison Kitchenette	11.00am
19	Wed	Reading magazines & papers with Jo M – Bar	11.00am
20	Thur	Trivial Pursuit with Megan – Day Room	11.00am
21	Fri	Queen's official birthday – celebrations with Denise Day Room	11.00am
22	Sat	Keep Fit with Denise – Dining Room	11.00am
23	Sun	Bar open with Mary 11.00am/St George's Day activity with Denise Dining Room Orchard Baptist Church Dining Room 2.30pm	11.00am
24	Mon	Knitting Club with Helen – Day Room	11.00am
25	Tue	Lay Chaplain 09.30am – 11.30pm Ice Cream Parlour or Tesco Café with Helen & Alice meet in reception	10.30am
26	Wed	Walk round the grounds with Jo M & Danielle	11.00am
27	Thur	Book Club with Helen – Bar	11.00am
28	Fri	Quiz time with Helen – Day Room	11.00am
29	Sat	Computer Club with Alison – Internet Café	11.00am
30	Sun	Bar open with Heather	11.00am

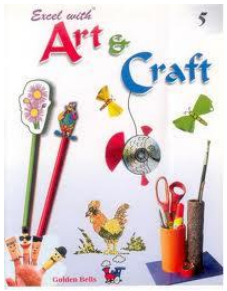
PAT dog Trudi visits – alternate Wednesdays

Afternoon activities will be held whenever possible, such as sing a longs, cards, dominoes, puzzle board etc.

MAY 2017 ACTIVITIES

1	Mon	Painting with Helen	Dining Room	11.00am
2	Tues	Lay Chaplain 09.30am–11.30am / Tea & a chat with Helen	Dining Room	11.00am
3	Wed	Reminiscence with Jo M	Dining Room	11.00am
		Champagne Enterprises entertainers	Day Room	2.00pm
4	Thur	Book Club with Helen	Bar	11.00am
		Southwold School children to sing for us	Dining Room	2.00pm
5	Fri	Knitting Club with Helen	Day Room	11.00am
6	Sat	Nails & Manicures with Alice	in rooms from	11.00am
7	Sun	Bar open with Mary		11.00am
8	Mon	Scrabble with Helen	Dining Room	11.00am
9	Tues	Lay Chaplain 09.30am – 11.30am / Quiz time with Helen	Dining Room	11.00am
10	Wed	Holy Communion	Dining Room	11.15am
11	Thur	Trip to Buckingham Garden Centre	meeting in reception at	10.00am
12	Fri	Trivial Persuit with Helen	Dining Room	11.00am
13	Sat	Dominoes with Alice	Bar	11.00am
14	Sun	Bar open with Heather 11.00 am / Song of Praise	Dining Room	2.45pm
15	Mon	Walk round the grounds with Helen & Danielle		11.00am
16	Tues	Lay Chaplain 09.30am – 11.30am / Arts & Crafts with Helen	Dining Room	11.00am
17	Wed	Watch a film The King and I	Day Room	10.00am
18	Thur	Sing Along with Jo M	Day Room	11.00am
19	Fri	Making flowers with Helen	Dining Room	11.00am
20	Sat	Farms 2 Ewe	in the grounds	11.00am
21	Sun	Bar open with Heather		11.00am
22	Mon	Knitting Club with Helen	Day Room	11.00am
23	Tue	Lay Chaplain 9.30am-11.30 am/Making bead bracelets with Helen	Dining Room	11.00am
24	Wed	Keep Fit with Denise	Dining Room	11.00am
25	Thur	Visit from the two Trevors	Day Room	11.00am
26	Fri	Trip to the Ice Cream Parlour with Helen	meeting in reception	10.15am
27	Sat	Computer Club with Megan	Internet Café	11.00am
28	Sun	Bar open with Heather		11.00am
		Orchard Baptist Church service	Dining Room	2.30pm
29	Mon	Book Club with Helen	Bar	11.00am
30	Tues	Biscuit making with Helen	Kitchenette	10.45am
31	Wed	Reading newspapers with Danielle	Dining Room	11.00am

PAT dog Trudi visits – alternate Wednesdays



JUNE 2017 ACTIVITIES

1	Thur	Dominoes with Megan	Bar	11.00am
2	Fri	Book Club with Helen	Bar	11.00am
3	Sat	Computer Club with Danielle	Internet Café	11.00am
4	Sun	Bar open with Mary		11.00am
5	Mon	Game of Trivial Pursuit	Dining Room	11.00am
6	Tue	Reading newspapers with Helen	Dining Room	11.00am
7	Wed	Holy Communion	Day Room	11.00am
8	Thur	Knitting Club with Helen	Day Room	11.00am
9	Fri	Reminiscence with Helen	Bar	11.00am
10	Sat	Watching a film	Day Room	10.30am
11	Sun	Bar open with Mary		11.00am
		Songs of Praise	Dining Room	2.45pm
12	Mon	Making flowers with Helen	Dining Room	11.00am
13	Tue	Game of scrabble with Helen	Dining Room	11.00am
14	Wed	Arts & Crafts with Megan	Dining Room	11.00am
15	Thur	Lay Chaplain 09.30-11.30am / Book Club with Helen	Bar	11.00am
16	Fri	Trip to Buckingham Garden Centre with Helen & Tessa	meeting in reception	10.30am
17	Sat	Computer Club with Megan	Internet café	11.00am
18	Sun	Bar open with Heather		11.00am
19	Mon	Quiz time with Helen	Dining Room	11.00am
20	Tue	Lay Chaplain 09.30-11.30am / Visit from the two Trevors with Helen		11.00am
21	Wed	Keep Fit with Denise	Dining Room	11.00am
22	Thur	Making bracelets with Helen	Dining Room	11.00am
23	Fri	Tea, biscuits & a chat with Helen	Dining Room	11.00am
24	Sat	Sing Along with Jo M	Day Room	11.00am
25	Sun	Bar open with Mary		11.00am
		Orchard Baptist Church	Dining Room	2.45pm
26	Mon	Keep Fit with Denise	Dining Room	11.00am
27	Tue	Lay Chaplain 09.30-11.30am / Nails & manicures with Alice	in rooms from	11.00am
28	Wed	Walk around the grounds with Mary & Denise		11.00am
29	Thur	Book Club with Helen	Bar	11.00am
30	Fri	Bingo with Helen & Jo M	Day Room	11.00am

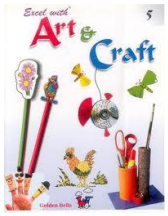
PAT dog Trudi visits – alternate Wednesdays

JULY 2017 ACTIVITIES

1 Sat	Watch a film	Day Room	10.30am
2 Sun	Bar open with Mary		11.00am
3 Mon	Knitting Club with Helen	Day Room	11.00am
4 Tue	Lay Chaplain 09.30am – 11.30pm / Dominoes with Tessa	Bar	11.00am
5 Wed	Reading newspapers with Danielle	Bar	11.00am
	Annual Remembrance Service	Dining Room	7.30pm
6 Thur	Bucks Goat Centre trip with Helen & Tessa	meet in reception	10.00am-4.00pm
7 Fri	Visit from the Two Trevors with Helen	Day Room	11.00am
8 Sat	Computer Club with Megan	Internet Café	11.00am
9 Sun	Bar open with Heather 11.00am / Songs of Praise	Dining Room	2.45pm
10 Mon	Making jam tarts with Helen	Kitchenette	11.00am
11 Tue	Lay Chaplain 09.30am – 11.30pm / Book Club with Helen	Bar	11.00am
12 Wed	Holy Communion	Dining Room	11.15am
13 Thur	Making bracelets with Helen	Dining Room	11.00am
14 Fri	Quiz time with Helen	Dining Room	11.00am
15 Sat	Strawberry Tea hosted by the Friends of Cherwood		2.30pm
16 Sun	Bar open with Mary		11.00am
17 Mon	Puzzles with Danielle	Dining Room	11.00am
18 Tue	Lay Chaplain 09.30am – 11.30pm / Reminiscence with Jo M	Dining Room	11.00am
19 Wed	Bowling with Rosie	Dining Room	11.00am
20 Thur	Lunch at Brewers Fayre with Mary & Megan	meet in reception	- 11.30am
21 Fri	Bingo with Danielle & Denise	Day Room	11.00am
22 Sat	Sing Along using musical instruments with Megan	Day Room	11.00am
23 Sun	Bar open with Heather		11.00am
24 Mon	Painting with Rosie	Dining Room	11.00am
25 Tue	Lay Chaplain 09.30am – 11.30pm / Keep Fit with Rosie & Denise	Dining Room	11.00am
26 Wed	Watch a film	Day Room	10.30am
27 Thur	Planting up spider plants with Danielle	Dining Room	11.00am
28 Fri	Tea & a chat	Bar	11.00am
29 Sat	Computer Club with Danielle	Internet Café	11.00am
30 Sun	Bar open with Mary 11.00am / Orchard Baptist Church	Dining Room	2.30pm
31 Mon	Game of Trivial Pursuit with Jo M	Dining Room	11.00am

PAT dog Trudi visits – alternate Wednesdays

Afternoon activities will be held whenever possible, such as sing a longs, cards, dominoes, puzzle board etc.



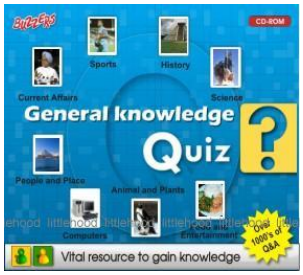
AUGUST 2017 ACTIVITIES

1	Tue	Making bracelets with Helen	Dining Room	11.00am
2	Wed	Reading newspapers with Jo M	Dining Room	11.00am
3	Thur	Book club with Helen	Bar	11.00am
4	Fri	Knitting club with Helen	Day Room	11.00am
5	Sat	Watch a film	Day Room	10.30am
6	Sun	Bar open with Heather		11.00am
7	Mon	Quiz time with Helen	Dining Room	11.00am
8	Tue	Arts & Crafts with Helen	Dining Room	11.00am
		Residents' Meeting with Denise	Dining Room	2.00pm
9	Wed	Walk around the grounds with Megan & Sellena		11.00am
10	Thur	Baking biscuits with Helen	Kitchenette	11.00am
11	Fri	Trip to Wyevale with Helen & Jasmine	meeting in reception at	10.00am
12	Sat	Manicures with Alice	in rooms from	11.00am
13	Sun	Bar with Mary		11.00am
14	Mon	Cup of tea and a chat with Rosie	Dining Room	11.00am
15	Tue	Reminiscence with Jo M	Dining Room	11.00am
16	Wed	Trivial Pursuit with Sellena	Dining Room	11.00am
17	Thur	Arts & Crafts with Alice	Dining Room	11.00am
18	Fri	Game of dominoes with Megan	Bar	11.00am
19	Sat	Keep fit with Denise	Dining Room	11.00am
20	Sun	Bar open with Heather 11.00am / Orchard Baptist Fellowship	Dining Room	2.30pm
21	Mon	Trip to Ice Cream Parlour with Megan & Jasmine	meeting in reception at	10.00am
22	Tue	Making jam tarts with Megan	Kitchenette	11.00am
23	Wed	Game of Bingo with Denise & Rosie	Day Room	11.00am
24	Thur	Watch a film	Day Room	10.30am
25	Fri	Manicures with Megan	in rooms from	11.00am
26	Sat	Computer club with Jenny C	internet café	11.00am
27	Sun	Bar open with Mary		11.00am
28	Mon	Arts & Crafts with Helen	Dining Room	11.00am
29	Tue	Book club with Helen	Bar	11.00am
30	Wed	Keep fit with Jo M	Dining Room	11.00am
31	Thur	Knitting club with Helen	Day Room	11.00am

PAT dog Trudi visits – alternate Wednesdays

Afternoon activities will be held whenever possible, such as sing a longs etc.

SEPTEMBER 2017ACTIVITIES



1	Fri	Quiz time with Helen	Dining Room		11.00am
2	Sat	Computer Club with Jo	Internet Café		11.00am
3	Sun	Bar open with Heather			11.00am
4	Mon	Book Club with Helen	Bar		11.00am
5	Tue	Arts & Crafts with Helen	Dining Room		11.00am
6	Wed	Holy Communion	Dining Room		11.15am
7	Thur	Trip to Wyevale with Helen & Rosie		meet in reception at	10.15am
8	Fri	Knitting Club with Helen	Day Room		11.00am
9	Sat	Nails & manicures with Alice		in rooms from	11.00am
10	Sun	Bar open with Mary	11.00am / Songs of Praise	Dining Room	2.45pm
11	Mon	Baking cookies with Helen	Kitchenette		11.00am
12	Tue	Potting up spider plants with Helen	Bar		11.00am
13	Wed	Dominoes with Jo	Dining Room		11.00am
14	Thur	Visit from the two Trevor's	Day Room		11.00am
15	Fri	Reading newspapers with Helen	Dining Room		11.00am
16	Sat	Cup of tea & a chat with Mandy	Bar		11.00am
17	Sun	Bar open with Mary			11.00am
18	Mon	Book Club with Helen	Bar		11.00am
19	Tues	Game of Scrabble with Helen	Dining Room		11.00am
20	Wed	Nails & manicures with Megan		in rooms from	11.00am
21	Thur	What's in the box? Game with Helen	Dining Room		11.00am
22	Fri	Knitting Club with Helen	Day Room		11.00am
23	Sat	Watch a film	Day Room		11.00am
24	Sun	Bar open with Mary			11.00am
25	Mon	Arts & Crafts with Helen	Dining Room		11.00am
26	Tue	Game of bingo with Helen & Jo	Day Room		11.00am
27	Wed	Game of Trivial Pursuit with Jasmin	Dining Room		11.00am
28	Thur	Baking jam tarts with Helen	Kitchenette		11.00am
29	Fri	Keep Fit with Denise	Dining Room		11.00am
30	Sat	Computer Club with Sellena	Internet Café		11.00am

PAT dog Trudi visits – alternate Wednesdays

Lay Chaplain visits each Tuesday 09.30-11.30am

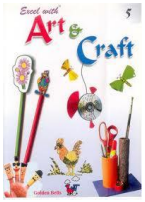
OCTOBER 2017 ACTIVITIES

1	Sun	Bar open with Heather 11.00am / Mick White to entertain us	Day Room	10.30am
2	Mon	Book Club with Helen	Bar	11.00am
3	Tue	Reminiscence with Helen	Dining Room	11.00am
4	Wed	Holy Communion	Day Room	11.15am
5	Thur	Lunch at Brewers Fayre with Helen & Mary	meet in reception	11.30am
		Fred's 100th Birthday celebrations with entertainment – all welcome – starts at		2.00pm
6	Fri	Knitting Club with Helen	Day Room	11.00am
		Tristan Pate to sing and entertain us	Dining Room	2.00pm
7	Sat	Computer Club with Alice	Internet Café	11.00am
8	Sun	Bar open with Mary		11.00am
		Songs of Praise	Dining Room	2.45pm
9	Mon	Arts & Crafts with Helen	Dining Room	11.00am
10	Tue	Game of Scrabble with Helen	Dining Room	11.00am
11	Wed	Making jam tarts with Rosie	Kitchenette	11.00am
12	Thur	Quiz time with Helen	Bar	11.00am
13	Fri	Cup of tea & a chat with Helen	Bar	11.00am
		Truly Gifted visiting with a chance to purchase gifts	Dining Room	2.00pm
14	Sat	Friends of Cherwood Autumn Tea Party	Dining Room	2.00pm
15	Sun	Bar open with Heather		11.00am
16	Mon	Book Club with Helen	Bar	11.00am
17	Tue	Arts & Crafts with Helen	Dining Room	11.00am
18	Wed	Keep Fit with Denise	Dining Room	11.00am
19	Thur	Knitting Club with Helen	Day Room	11.00am
20	Fri	Reading newspapers with Helen	Dining Room	11.00am
21	Sat	Watching a film	Day Room	10.30am
22	Sun	Bar open with Mary		11.00am
23	Mon	Trip to Wyevale for coffee & look round the garden shop with Helen & Rosie		10.00am
24	Tue	Game of dominoes with Helen	Bar	11.00am
25	Wed	Game of Trivial Pursuit with Jo	Dining Room	11.00am
26	Thur	Sing Along with Helen	Dining Room	11.00am
27	Fri	Baking biscuits with Helen	Kitchenette	11.00am
28	Sat	Keep Fit with Denise	Dining Room	11.00am
29	Sun	Bar open with Mary 11.00am / Baptist Orchard Church	Dining Room	2.30pm
30	Mon	Book Club with Helen	Bar	11.00am
31	Tue	Arts & Crafts with Helen	Dining Room	11.00am

PAT dog Trudi visits – alternate Wednesdays

Lay Chaplain visits each Tuesday 09.30-11.30am

NOVEMBER 2017 ACTIVITIES



1	Wed	Game of Trivial Pursuit with Jo	Dining Room	11.00am
2	Thur	Arts & Crafts with Helen	Dining Room	11.00am
3	Fri	Sing Along with instruments with Helen	Dining Room	11.00am
4	Sat	Puzzle time with Rosie	Dining Room	11.00am
5	Sun	Bar open with Mary 11.00am / Mick White to entertain us	Day Room	10.30am
6	Mon	Book Club with Helen	Dining Room	11.00am
7	Tue	Arts & Crafts with Helen	Dining Room	11.00am
8	Wed	Holy Communion	Dining Room	11.15am
9	Thur	Reading newspapers with Helen	Dining Room	11.00am
10	Fri	Making jam tarts with Helen	Kitchenette	11.00am
11	Sat	Computer Club with Jo	Dining Room	11.00am
12	Sun	Bar open with Heather 11.00am / Songs of Praise	Dining Room	2.45pm
13	Mon	Watching a film with Helen	Day Room	11.00am
14	Tue	Lay Chaplain 9.30-11.30am / Game of scrabble with Helen	Dining Room	11.00am
15	Wed	Dominoes with Alice	Bar	11.00am
16	Thur	Residents meeting with Helen	Dining Room	11.00am
17	Fri	Game of scrabble with Helen	Dining Room	11.00am
18	Sat	Reminiscence with Denise	Bar	11.00am
19	Sun	Bar open with Heather		11.00am
20	Mon	Arts & Crafts with Helen	Day Room	11.00am
21	Tue	Lay Chaplain 9.30-11.30am / Arts & Crafts with Helen	Dining Room	11.00am
22	Wed	Nails & manicures with Alice	in rooms from	11.00am
23	Thur	Book Club with Helen	Bar	11.00am
24	Fri	Knitting with Helen	Day Room	11.00am
25	Sat	Keep Fit with Selena	Dining Room	11.00am
26	Sun	Bar open with Heather 11.00am / Orchard Baptist Church	Dining Room	2.30pm
27	Mon	Quiz time with Helen	Bar	11.00am
28	Tue	Lay Chaplain 9.30-11.30 / Arts & Crafts with Helen	Dining Room	11.00am
29	Wed	Keep Fit with Denise	Dining Room	11.00am
30	Thur	Bingo with Helen & Rosie	Day Room	11.00am
31	Fri	Tea & a chat with Helen	Dining Room	11.00am

PAT dog Trudi visits – alternate Wednesdays

Afternoon activities will be held whenever possible, such as sing a longs, cards, dominoes, puzzle board etc.

DECEMBER 2017ACTIVITIES

1	Fri	Quiz time with Helen	Dining Room	11.00am
2	Sat	Computer Club with Rosie	Internet Café	11.00am
3	Sun	Bar open with Mary		11.00am
4	Mon	Book Club with Helen	Bar	11.00am
5	Tue	Arts & Crafts with Helen	Dining Room	11.00am
6	Wed	Reading newspapers with Sellena	Bar	11.00am
7	Thur	Decorating Christmas tree at St Edburgs church	meet in reception at 10.15am	
		Southwold School Choir singing their Christmas carols	Dining Room	2.00pm
8	Fri	Viewing the Christmas trees at St Edburgs church	meet in reception at 10.45am	
9	Sat	Friends of Cherwood Christmas tea party	Dining Room	2.30m-4.00pm
10	Sun	Bar open with Heather		11.00am
11	Mon	Baking Christmas cookies with Helen	Kitchenette	11.00am
12	Tue	Game of dominoes with Helen	Bar	11.00am
13	Wed	White Horse for Christmas lunch with Alice & Jo		11.15am
		Holy Communion	Day Room	11.15am
14	Thur	Knitting club with Helen	Day Room	11.00am
15	Fri	Christmas Bingo	eyes down 7.30pm	
16	Sat	Cup of tea & a chat with Katherine	Dining Room	11.00am
17	Sun	Bar open with Mary		11.00am
18	Mon	White Horse for Christmas lunch with Helen & Mary		11.15am
19	Tues	Gemini Fashions – shopping without leaving Cherwood	Dining Room	10.30am
20	Wed	Keep Fit with Denise	Dining Room	11.00am
21	Thur	Residents Christmas party with Tristan Pate to entertain us	Dining room	4.00pm
22	Fri	Knitting Club with Helen	Day Room	11.00am
23	Sat	Christmas Communion	Day Room	11.15am
24	Sun	Bar open with Mary		11.00am
25	Mon	MERRY CHRISTMAS	Bar open with Mary	11.30am
26	Tue	Game of bingo with Helen & Rosie	Day Room	11.00am
27	Wed	Puzzle making with Doreen	Dining Room	11.00am
28	Thur	Baking jam tarts with Helen	Kitchenette	11.00am
29	Fri	Keep Fit with Jo	Dining Room	11.00am
30	Sat	Computer Club with Sellena	Internet Café	11.00am
31	Sun	Reading newspapers with Alice	Dining Room	11.00am

PAT dog Trudi visits – alternate Tuesdays

Lay Chaplain visits each Tuesday 09.30-11.30am